HEALTH

Health Centers
Health centers can provide services, including COVID-19 screening and testing, regardless of a patients’ ability to pay and charge for services on a sliding fee scale. However, please note many school-based health centers may not be operating because of school closings and local mandates. https://findahealthcenter.hrsa.gov/

COVID-19 Testing
To find a Chicago community-based testing site visit: https://www.chicago.gov/city/en/sites/covid-19/home/testing.html
Schedule an appointment by visiting ChicagoCovidTesting.com or call 312-746-4835.
To find a State of Illinois Community-Based Testing site visit: http://www.dph.illinois.gov/testing
If you are uninsured or do not have a state-issued identification card, you can still receive a free COVID-19 test at a City or State testing site.

Have other questions about COVID-19? Get in touch in one of three ways:
• Call the COVID-19 hotline at 312-746-4835 Monday through Friday during business hours
• 311 during evenings, weekends, and holidays
• Email coronavirus@chicago.gov

Find a Flu Shot
The flu vaccine is safe, effective, and offered in many doctor’s offices, pharmacies, as well as by many employers and schools. If you don’t have a regular doctor, locate a community health center or visit any of the City of Chicago community flu clinics. No one will be turned away for inability to pay. https://www.chicago.gov/city/en/sites/flu/home/vaccine-finder.html

Mental Health
Chicago Public Health Department mental health clinics (MHCs) provide supports for emotional, traumatic, or behavioral difficulties. Clinics are open Mon - Fri: 8:30 am - 4:30 pm.

<table>
<thead>
<tr>
<th>Englewood MHC</th>
<th>Greater Grand/MID-South MHC</th>
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</thead>
<tbody>
<tr>
<td>641 W. 63rd Street</td>
<td>4314 S Cottage Grove</td>
</tr>
<tr>
<td>Phone: 312.747.7496</td>
<td>Phone: 312.747.0036</td>
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<table>
<thead>
<tr>
<th>Greater Lawn MHC</th>
<th>Lawndale MHC</th>
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<tbody>
<tr>
<td>4150 West 55th Street</td>
<td>1201 S Campbell Street</td>
</tr>
<tr>
<td>Phone: 312.747.1020</td>
<td>Phone: 312.746.5905</td>
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<tr>
<th>North River MHC</th>
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<tbody>
<tr>
<td>5801 North Pulaski Road</td>
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<tr>
<td>Phone: 312.744.1906</td>
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There are several confidential helplines and hotlines you can access. You can call these numbers if you or someone you know needs help.

Illinois Domestic Violence Helpline:
• 1-877-TO END DV

National Alliance for Mental Illness Helpline:
• 1-800-950-NAMI
(NOTE: This helpline is only open M-F 9am-5pm)

Illinois Opioids and Other Substances:
• 1-833-2FINDHELP

National Suicide Prevention Hotline:
• 1-800-273-TALK
FOOD
Greater Chicago Food Depository
More than 700 partners across Cook County ensure that nutritious food is available all year. Find a food pantry, soup kitchen, shelter or mobile program in your community.
https://www.chicagosfoodbank.org/find-food/

CPS Meal Sites
Under 18? Pick up three days’ worth of breakfast and lunch for every child in your home at a CPS Meal Site. Check the map before you go, as locations and pickup times may change daily.
https://www.cps.edu/services-and-supports/school-meals-and-nutrition/

HOUSING & UTILITIES
Rental and Mortgage Assistance
The Chicago Department of Housing (DOH) and Department of Family and Support Services (DFSS) have several initiatives to provide housing cost assistance to Chicago residents impacted by the coronavirus pandemic. To learn more and apply, please visit the new online portal to determine the program that will best meet your needs: chi.gov/housinghelp

Legal Supports for Eviction
The State of Illinois currently has an eviction moratorium. If your landlord is threatening or evicting you, call Legal Aid Chicago at 312-341-1070.

Utilities
Your gas and electric will not be disconnected during this time. For financial assistance or to be reconnected, call:
- COMED: 800-334-7661
- PEOPLE’S GAS: 866-556-6001

Internet Access
Comcast is providing 60 days of Internet Essentials service for free or at low-cost for eligible low-income households. Apply at internetessentials.com

JOBS
If you’ve lost your job due to the COVID-19 Crisis, you can apply for unemployment through the State of Illinois Department of Employment Services.

Employment Opportunities
Select industries, including healthcare, customer service, logistics, store operations, and facility management, are hiring during the COVID19 crisis. If you are looking for work, see positions available on Skills for Chicagoland’s Future (https://www.skillsforchicagolandsfuture.com/job-seekers/) and Chicago Cook Workforce Partnership (https://chicookworks.org/services/job-seekers/)

Don’t see the resource you need?
Call 311 for guidance or visit https://covid.citybureau.org/en/